

CENTENARY HOUSE – SPRING TERM 2012

Menu 1

Weeks Commencing: 2/1, 23/1, 20/2, 12/3

Monday	Tuesday	Wednesday	Thursday	Friday
Stew and mini dumplings Savoury mince	Chicken Korma & Naan Bread Homemade Fish Pie	Roast Pork & Apple Sauce Pasta Margarita	Minced Beef Pie Chicken Chow Mein (Chicken & Noodles)	Battered Cod Sausage Roll
Creamed Potatoes Sliced Carrots Broccoli Florets	Creamed Potatoes Buttered Cabbage Mixed Vegetables	Roast Potatoes Peas Cauliflower Florets	Creamed Potatoes Green Beans Sweetcorn	Chips Garden Peas Spaghetti Hoops
Vegetarian Vegetarian Stew and mini dumplings	Vegetarian Veggie Tikka & Naan Bread	Vegetarian Pasta Margarita	Vegetarian Veggie Pie	Vegetarian Veggie Roll
DESSERTS				
Fruit Jelly	Chocolate Brownie	Steamed Lemon Sponge Chocolate Sauce	Rice Pudding & Jam	Chocolate Cookies

ALSO AVAILABLE: FRESH FRUIT, YOGHURT, CHEESE & BISCUITS

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Menu 2

Weeks Commencing: 9/1, 30/1, 27/2, 19/3

Monday	Tuesday	Wednesday	Thursday	Friday
Italian Chicken & Rice Fish Fingers	Cottage Pie Ravioli au Gratin	Pork Sausages Minced Lamb Pie	Meat Balls in Tomato Sauce Tuna Pasta Bake	Oven Baked Battered Cod Burger in a Bun
Mixed Vegetables Roast Parsnips	Roast Potatoes Broccoli Carrots	Creamed Potatoes Sweetcorn Cabbage	New Potatoes Green Beans Cauliflower	Chips Baked Beans Mushy Peas
Vegetarian Italian Quorn & Rice	Vegetarian Ravioli au Gratin	Vegetarian Quorn Sausage	Vegetarian Vegetable Bake	Vegetarian Veggie Burger in a Bun
DESSERTS				
Chocolate Delight	Butterfly Buns	Fruit Crumble & Custard	Jam Roly Poly	Flapjack

ALSO AVAILABLE: ASSORTED SALADS, JACKET POTATOES WITH ASSORTED FILLINGS, SOUP & ROLL, FRESH FRUIT, YOGHURT, CHEESE & BISCUITS

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Menu 3

Weeks Commencing: 16/1, 6/2, 5/3, 26/3

Monday	Tuesday	Wednesday	Thursday	Friday
Spaghetti Bolognese, Garlic Bread Sweet n Sour Chicken & Rice	Roast Turkey Macaroni Cheese with Ham	All Day Breakfast Chilli Con Carne & Pitta Bread	Chicken & Sweetcorn Pie Lamb Casserole	Oven Baked Battered Fish Meat Feast Pizza
Mixed Vegetables Broccoli Florets	Roast Potatoes Cabbage Carrots	Baked Beans Chopped Tomatoes	Creamed Potatoes Green Beans Cauliflower	Chips Baked Beans Mushy Peas
Vegetarian Veggie Mince Bolognese, Garlic Bread	Vegetarian Macaroni Cheese	Vegetarian Quorn Sausage	Vegetarian Veggie & Sweetcorn Pie	Vegetarian Cheese & Tomato Pizza
DESSERTS				
Strawberry Mousse	Chocolate Fudge Cake	Apple Crumble	Chocolate Sponge & Chocolate Sauce	Vanilla Ice-cream

ALSO AVAILABLE: FRESH FRUIT, YOGHURT, CHEESE & BISCUITS